



JOURNEY HOME
interiors

HAMPTONS COLOURS for Canberra Homes





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Interior Designer | Owner JOURNEY HOME INTERIORS

Border: Anna French Wallpaper, available at Journey Home Interiors



A short stint from the hustle of New York City the villages of the Hamptons are a relaxed juncture of city, country and beach homes built in vernacular East coast style. The Hamptons interior is a fresh update to the classic genre and applies well to Canberra's heritage homes.

Hamptons style homes feature character mill work as the Americans call it. The goal when selecting paint colours is to achieve a soft and relaxed vibe with enough contrast between the walls and the trim to

highlight mill work. Easy living colours are typically based on grey and white. Living in Canberra we don't want it to feel cold, so I tend to avoid the blue based greys as a main interior colour, these may go in a sunny bedroom.

To create soft interiors, I like to work with green or brown based greys (greige) Our brains find green restful and it works easily with timber and painted furniture and stone, don't worry they don't look obviously green because of the grey content.



tip

If your ceilings are in poor condition they will need more coverage, use a dirtier white such as Dulux Natural white. other wise Dulux's Vivid White. Here I selected Murobond's - Rope 150 - a soft green / grey

Believe it or not, here I have used brown based grey on the walls.



For Classic homes and the Hamptons look I use Dulux - Vivid White on the trim in full gloss, and on the ceiling and cornices in ceiling flat.

The walls were in Dulux - Ghosting. The front door was Dulux - Walter, chosen to contrast the red brick home. Notice, how the same colours change in different photos, so look at your swatch in different lights. I grabbed a few potential fabrics and wall papers as I selected to check the colour would be flexible for future decorating.

Enamel paint was used on the trims for a high-end gloss finish consistent with a 1920s home. Painting is an important finishing trade especially if you are investing in high end wood work. Fusion painting did an excellent job on this project.

tip

Paint should be one of last design elements to be selected. It is far easier to choose a different paint colour to compliment the carpet / tile / fabric than the other way around right? Even better to choose it all at once if you have that opportunity.





The kitchen was a brighter space, so I shifted to a slightly darker colour, Dulux – Classic Cool. Taubman’s Taupe stone is darker again and would have worked also. Classic cool and Ghosting are grey with enough brown / green through them to ensure they are warm. A paint specification of these colours that you can hand to your painter is attached.

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To you and your forever home,

Nadine Neilson


Interior Designer | Owner



Paint specification sheet

Skirting Architraves Doors Picture rails and trim	 <small>Vivid White™ SW1G1</small>	Brand	Dulux
		Finish	Gloss
		Colour	Vivid White

Ceilings and Cornices	 <small>Vivid White™ SW1G1</small>	Brand	Dulux
		Finish	Ceiling Flat
		Colour	Vivid White

Walls in brighter rooms	 <small>Classic Cool</small>	Brand	Dulux
		Finish	Low Sheen Acrylic
		Colour	Classic Cool

Main wall colour	 <small>Ghosting</small>	Brand	Dulux
		Finish	Low Sheen Acrylic
		Colour	Ghosting



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